

TOSCANA



Sports Club

PORTFOLIO



TOSCANA SPORTS SERVICES

Group Exercise Classes

Group Hikes

Group Bike Rides

See Event Calendar.



PILATES INSTRUCTION

Private One-On-One Sessions • 25/50/80 Min

\$85/\$115/\$200

Semi-Private • 50/80 Min

\$86/\$130 per person

Group Reformer Classes • 50 Min

\$45 per person (6 Available Spaces)

See online schedule for class times

BOCCE

Private Bocce Lessons • 30 Min • \$52

Private Bocce Coordinator • 60 Min • \$105



PERSONAL TRAINING

Private Sessions • 25/50/80 Min • \$85/\$115/\$200

Semi-Private • 50 Min • \$86 per person

Fascial Stretch Therapy • 25/50/80 Min
\$90/\$155/\$255

Active Release Techniques • 25/50 Min
\$140/\$205

**Active Release Techniques & Fascial Therapy
Combo** • 80 Min • \$335

Cupping add-on \$30

Private Group Exercise • 25/50 Min
\$84/\$136 (\$15 for each extra participant)

Bespoke Fitness • 50 Min
1-2 People \$157
3-4 People \$210
5 People and up \$262

*Bespoke offerings include private group classes
such as glide fit, aerial yoga, and boxing.*

Private Group Sound Bath • 60 Min
Minimum of four people for a private
experience.
\$68 per person grounded
\$78 per person suspended

*Sound Healing that includes ambient sounds to
create healing through vibrations, concluding
with guided meditation.*





HOURS OF OPERATION

Sports Club, Tennis, Pickleball & Bocce

Open Daily, Year-Round 6:00 am – 7:00 pm

Pool

Open Daily, Year-Round 7:00 am – Dusk

Cancellation Policy

Should you need to cancel your training appointment or tennis or Pickleball lesson, please notify the Sports Club Concierge 24 hours in advance by verbal phone call to avoid a full service cancellation charge.

Guest Policy

Daily from 6:00 -11:00 am the Fitness Floor is limited to Members only. Guests are welcome to enter the fitness facility for workouts between 11:00 am - 7:00 pm.

**76009 Via Club Villa
Indian Wells, California 92210
Sports Club 760.404.1590 | ToscanaCC.com**