

TOSCANA

Spa Bella Vita

PORTFOLIO



SPA
BELLA VITA

MASSAGE

Therapeutic • 30/60/90 Min • \$115/\$170/\$220

A firm, full-body massage combining a blend of Western massage strokes from Swedish to Deep Tissue.

Foot Reflexology • 30/60 Min • \$115/\$170

Foot reflexology improves entire-body circulation, posture, and sense of wellness.

Face Reflexology • 30 Min • \$115

Face reflexology is a healing practice working directly with the nervous system to improve physical health, emotional state, and overall wellbeing. Our faces are mirrors to the external world that hold the pleasure and stress we accumulate on a daily basis. Face reflexology naturally releases the heavy burdens of internal and external stress to create movement and flow within the face and body. The massage and points administered on the face are activated with a precision facial wand for beneficial results.

Stretch Therapy • 60 Min • \$180

Designed to enhance symmetry and performance through resistance-based stretching of the muscles, joints, and nerves. This service requires loose-fitted, comfortable clothing.

Custom Aromatherapy Massage • 60/90 Min \$175/\$225

Visit Toscana's "well bar" as part of the pre-massage visit for a personalized intake with a spa professional and oil blending. An oil will be created to suit your needs such as calm, balance, detox, or immunity. Quality oils are powerful plant extracts. When used in a custom massage the ritual creates noticeable lifestyle enhancement.

CBD Therapeutic • 60/90 Min • \$200/\$250

A small-batch, whole-plant processed CBD oil massage that provides muscle tension relief and restorative body balancing.

Massage Enhancements

Harmony Bath & Body Oil • \$30

Ginger Aromatherapy Oil • \$30

CBD Spot Treatment • \$30

KNESKO Collagen Face Treatment • \$50

Cupping • \$30

Guasha Blading • \$30

FACIALS

Bella Classic • 60/90 Min • \$170/\$220

A treatment for all skin types, customized to soothe skin and extract impurities. A traditional European massage is included.

Dermaplaning with Ice Globes • 60 Min \$215

A deep cleaning facial with added dermaplaning. The skin is also treated with cold glass globes to aid in the constriction of capillaries. Extractions are included.

Jade Gua Sha Sculpting • 60 Min • \$170

An ancient art facial that drains lymph nodes, releases toxins and boosts circulation with a specialized jade tool.

Gentleman's Hot Towel • 60 Min • \$170

A deep-cleansing facial using hot towel wraps to target skin sensitivity and razor burn.

Microdermabrasion • 60 Min • \$170

An exfoliation procedure to improve the appearance of fine lines, wrinkles, and acne scars.

Stem Cell • 60/90 Min • \$170/\$220

A facial incorporating glycolic resurfacing, extractions, and stem cell treatment to stimulate new cells and restore skin.

Celluma Lift & Light Therapy • 60/90 Min \$170/\$220

A Red LED Light therapy that assists in increasing collagen, elastin, circulation, tissue repair, and skin tone texture while decreasing inflammation. The 90-minute session includes extractions and facial massage.

K-Lift Age Management 60/90 Min • \$185/\$235

A Kerstin Florian facial treatment with K-Lift Age Management System that utilizes Red LED Light, advanced Impulse Micro Current, and Transdermal Delivery system to enhance muscle tone, lift facial appearance, and revitalize skin.

Intraceuticals 02 Boost 60/90 Min • \$210/\$310

A treatment combining Intraceuticals Signature Facial with oxygen aromatherapy and deep breathing techniques, with a hand and arm massage. The 90-minutes session includes a special eye and lip treatment.

Facial Enhancements

Chitosan Masque • \$30

Marine Biomatrix Masque • \$30

Eye Rescue • \$30

K-Lift Express Eyes or Lips • \$35 per area

Dermaplaning • \$50

Vitamin C Ampoule • \$50

Intensive Repair Ampoule • \$50

Eco-fin Paraffin Hands or Feet • \$30 each

Anti-Aging Light Therapy for Face • 30 Min • \$50

KNESKO Collagen Face, Neck, Decollete

15 Min • \$85

Anti-Aging Light Therapy for Hands • \$45

BODY THERAPIES

Coconut Scrub • 30/60 Min • \$115/\$170

A coconut-infused sugar exfoliation with therapeutic oils will leave the skin glowing, vibrant, and replenished. During the 60 minute session, a finishing of a coconut oil hydration is applied.

Salted Lime & Tequila Scrub 60 Min • \$170

A spirited service that mixes authentic margarita ingredients massaged into the skin to achieve radiance, hydration, and exfoliation.



Lavender Fusion Journey • 90 Min • \$245

Enjoy your aromatherapy of choice: Organic Ginger Oil (warming, detoxifying, and uplifting) or Organic Lavender Oil (calming, relaxing, and sleep-inducing). This therapy includes a body scrub, warm wrap, and full-body massage.

Mineral Wellness Soak • 15 Min • \$50

Soak in blend of 21 trace elements and minerals the body requires for restoration and healing. A wonderful way to decompress.

Spray Tan • 15 Min • \$80

This spray tan delivers a blend of vitamins and antioxidants for a radiant glow that lasts 5 to 7 days.



SOUND HEALING

Vibrational Sound Healing

60 Min • \$170 single/\$340 couple

One-on-one or couples therapy uses singing bowls placed on the body to create healing tones and vibrations. Crystal bowls reverberate and create a soothing aura. This nervous system therapy allows the body to drop into “theta” relaxation which studies have shown to be the deepest state of rest.

SALON HAIR & MAKEUP

Hair Services

Ladies’ Cut & Blow Dry

Short/Medium Hair (To Shoulders) • \$100

Long Hair (Beyond Shoulders) • \$110

Ladies’ Cut with Shampoo Only • \$75 & up

Children’s Cut & Blow Dry • \$45 & up

Restore and Repair Hair Mask • 15 min • \$30

Shampoo & Blow Dry

Short/Medium Hair (to Shoulders) • \$80

Long Hair (Beyond Shoulders) • \$95

Color & Style

Short/Medium Hair (to Shoulders) \$130

Long Hair (Beyond Shoulders) \$140

Full Highlights or Lowlights & Style \$175 & up

Partial Highlights or Lowlights & Style \$140 & up

Face Frame • \$80 & up

Gentlemen's Hair Services

Gentlemen's Cut • \$65 & up

Gentlemen's Color with Wet Style • \$85

SALON NAIL SERVICES

Buff & Shine Manicure • 30 Min • \$40

Buff & Shine Pedicure • 30 Min • \$45

Gel Manicure • 45 Min • \$65

Gel Pedicure • 60 Min • \$75

Beerfest Pedicure • 45 Min • \$65

Spa Bella Vita Manicure • 45 Min • \$47

Spa Bella Vita Pedicure 45 Min • \$57

Nail Enhancements

Eco-Paraffin Hands or Feet • \$30 each

Eco-Paraffin Hands & Feet Combo • \$55

Polish Change • \$10

French Polish Upgrade • \$10

Gel Removal • \$10

Callous Removal • \$10





Additional Pedicure Massage • 15 Min • \$15
Bridal hair and makeup services available upon request. Waxing services available. Please inquire with the Spa Concierge for prices and types.

Spa Cancellation Policy

Should you need to cancel your appointment, please notify the Spa Concierge 24 hours in advance by verbal phone call. A full treatment charge for the total cost of the service will be applied for all non-attended, non-cancelled appointments.

Spa Service Charge

Our Spa staff is dedicated to exceeding your expectations and creating a memorable experience. For your convenience, a 20% service charge will be applied to your account for each service.

Guest Policy

Spa lockers and wet areas are available to guests with a purchase of a spa service on day of use.

SPA BELLA VITA HOURS OF OPERATION

Open November - May:
Daily 9:00 am – 6:00 pm.
All services by appointment only.

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ToscanaCC.com

